



ALPINE CLIMBING EQUIPMENT LIST

All key equipment for tackling alpine multi-rope routes is listed here. This can vary by route, and should be chosen to suit the conditions (weather) and climbing topography when planning a trip.

BASIC EQUIPMENT

- Climbing harness (if applicable, chest strap)
- Climbing helmet
- Climbing shoes
- Belay and rappelling equipment
 - HMS carabiners
 - Belay / rappel device
- Chalk bag + Chalk
- Slings 60/ 90/ 120 cm
- HMS and locking carabiners x4
- Carabiners x4
- Prusiking cord
 - 5mm / approx. 3.5m
 - 5mm / approx. 2.0m
 - 5mm / approx. 1m
- Ascender (Tibloc, Ropeman)

BASIC EQUIPMENT GROUP

- Rope, at least 60m
 - Single rope
 - Half rope
- Climbing Backpack
- Quickdraws with carabiner
- Topographic map / route description
 - Regional map
 - Compass (optional)
 - Romer (optional)
- First aid materials +
- Bivi Bags +

ADDITIONAL EQUIPMENT FOR GROUPS

- Camming devices (Friends, Camalots)
- Nuts + nut remover
- Pitons + hammer
- Penknife
- Kevlar cord 5-6m

PERSONAL EQUIPMENT

mandatory

- Approach shoes
- Headlamp
- Cell phone +
- food supplies, water bottle
- DAV pass
- Identity document

optional

- Change of clothes
- Light rain jacket
- Hat, gloves, insulation
- Sunglasses +
- sunblock +
- Sleeping bag
- Wash kit / toiletries
- Personal medications +
- Miscellaneous:
